

VANGUARD SERIES/
BAND RACS

Vertical Band Rac

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.
- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Storage area
- Can be used on a tabletop or wall mounted
- Easy-clean all laminate construction

5103	width	depth	height
	36 ¹ / ₂ "	6 ³ / ₄ "	42 ¹ / ₂ "
	92.7 cm	17.14 cm	107.95 cm



5103

Vertical Band Rac

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds. (47.72 m), hollow core center only). All items shown not included.
- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Storage area for various items
- Can be used on a tabletop or wall mounted
- Easy-clean all laminate construction

5104	width	depth	height
	15"	7 ¹ / ₂ "	42 ¹ / ₄ "
	38 cm	19 cm	107.31 cm



5105D

Vertical Double Band Rac

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.
- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Storage area for various items
- Can be used on a tabletop or wall mounted
- Easy-clean all laminate construction

5105D	width	depth	height
	15 ¹ / ₂ "	7 ¹ / ₂ "	31 ¹ / ₂ "
	39.37cm	19 cm	80 cm



All sections are easy to load and unload with self aligning grooved insert—no exposed inner core of the board, or unfinished wood dowel rods to hold band rolls.

LAMINATE COLOR CHOICES



VANGUARD SERIES/UNIVERSAL
BAND RACS

Vertical Universal Band Rac

- 6 independent, quick-change positions for holding your choice of exercise band. (Items shown not included.)
- Can hold either hollow or non hollow core exercise band
- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Storage area for various items
- Can be used on a tabletop or wall mounted
- Easy-clean all laminate construction

5103CD	width	depth	height
	15 ¹ / ₂ "	7 ¹ / ₂ "	34 ¹ / ₂ "
	39.37 cm	19 cm	87.63 cm



5103CD

Horizontal Universal Band Rac

- 5 independent, quick-change positions for holding your choice of exercise band. (Items shown not included.)
- Can hold hollow or non-hollow core exercise band
- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Storage area for various items
- Can be used on a tabletop or wall mounted
- Easy-clean all laminate construction

5105CD	width	depth	height
	38 ¹ / ₂ "	7 ¹ / ₂ "	14 ³ / ₄ "
	97.79 cm	19 cm	37.46 cm

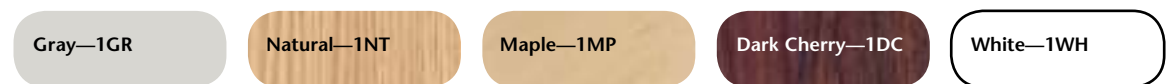


5105CD



Rolls sit on top of tube rollers that make dispensing and refilling easy.

LAMINATE COLOR CHOICES



CabinetRac with Doors and Drop Leaf

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.)
- Drop leaf feature is ideal for writing/support surface
- 2 locking doors with 3 adjustable shelves
- Storage nook for Velcro® with door
- Mirror has polished edges and ANSI 297 safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper moulding around edge
- 4" swivel casters/2 locking (10.16 cm)
- Holds up to 48 cuff weights, 22 dumbbells, 4 rolls of Velcro®, 6 rolls of exercise band and much more

6150A	width	depth	height
	30"	30"	73"
	76.2 cm	76.2 cm	185.42 cm



6150A

CabinetRac with Doors Plus

- Versatile, multi-item weight/storage cabinet with 2 locking doors
- 6 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.)
- 6 shelves (3 adjustable and 3 fixed)
- Open top storage nook
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper moulding around edge
- 4" swivel casters/2 locking (10.16 cm)
- White pegboard to hold cuff weights
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and much more

6151	width	depth	height
	29"	23"	72"
	73.66 cm	58.42 cm	182.88 cm



6151

Doors Closed

Back

MirrorRac

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.
- Mirror with ANSI 297 safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper moulding around edge
- 4" swivel casters/2 locking (10.16 cm)
- White pegboard to hold cuff weights
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and much more (Not included)

6154	width	depth	height
	31 1/2"	18"	72"
	80 cm	45.72 cm	182.88 cm



6154

Back

CabinetRac with Doors

- Versatile, multi-item weight/storage cabinet with 2 locking doors
- 6 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.
- 4 shelves (3 adjustable, 1 fixed)
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper moulding around edge
- 4" swivel casters/2 locking (10.16 cm)
- White pegboard to hold cuff weights
- Holds up to 48 cuff weights, 22 dumbbells, 6 rolls of exercise band and much more (Not included)

6155	width	depth	height
	29"	23"	62"
	73.66 cm	58.42 cm	157.48 cm

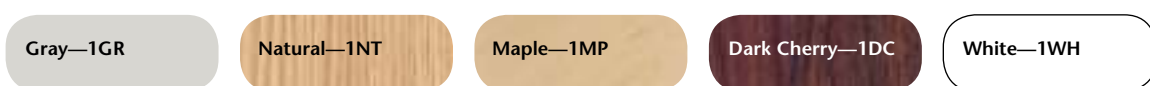


6155

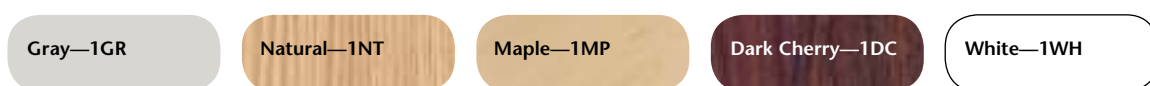
Back

Doors Closed

LAMINATE COLOR CHOICES



LAMINATE COLOR CHOICES



Koala PegRac

- Innovative designed double sided cuff weight rac with white pegboard provides easy access and maximum mobility
- Protective bumper moulding around ends
- 3" swivel casters/2 locking (7.62 cm)
- Holds up to 96 cuff weights (Not included)

5125	width	depth	height
	25 ¹ / ₂ "	18"	66 ¹ / ₂ "
	64.77 cm	45.72 cm	169.91 cm

Wallaby PegRac

- Innovative designed cuff weight and dumbbell rac with white pegboard provides easy access and maximum mobility. (Weights not included.)
- Strong polycarbonate dumbbell rods are angled for added stability
- Protective bumper moulding around ends
- 3" swivel casters/2 locking (7.62 cm)
- Holds up to 48 cuff weights and 22 dumbbells (Not Included)

5127	width	depth	height
	25 ¹ / ₂ "	18"	66 ¹ / ₂ "
	64.77 cm	45.72 cm	169.91 cm

Kangaroo PegRac

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). All items shown not included.
- Strong polycarbonate dumbbell rods are angled for added stability
- White pegboard front and back to store cuff weights and/or weight bars
- Protective bumper moulding around base
- 3" swivel casters/2 locking (7.62 cm)
- Holds up to 96 cuff weights, or 54 cuff weights, 18 weight bars and 5 rolls of exercise band and/or tubing (Not included)

5129C	width	depth	height
	32"	18"	66 ¹ / ₂ "
	81.28 cm	45.72 cm	169.91 cm



5125
Front & Back
Also
5127 Back



5127
Front



5129C



Back

3-Tier Rac

- Rac ships unassembled via UPS® or FedEx® Ground to save cost. (Items shown not included.)
- Easy assembly
- 3 fixed shelf-bins to store dumbbells, cuff weights, medicine balls and much more
- Protective bumper moulding for extra protection around edges

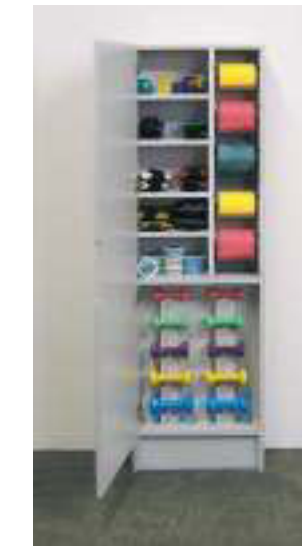
5142	width	depth	height
	38 ¹ / ₂ "	26"	30"
	97.79 cm	66 cm	76.2 cm



5142

Hide-A-Way Cabinet with Mirror

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). Other items not included.
- Innovative design for storing cuff weights, dumbbells, exercise band and much more
- Cabinet rests on the floor and must be secured to the wall
- Mirror has polished edges with ANSI 297 safety backing
- 4 adjustable shelves
- Holds up to 18 cuff weights, 10 dumbbells, 5 rolls of exercise band and much more (Not included)



5145 Open



Closed

5145	width	depth	height
	20 ¹ / ₂ "	7 ¹ / ₂ "	66"
	52 cm	19 cm	167.64 cm

Hide-A-Way Cabinet with Mirror

- Space-saving design provides multi-use storage (Items shown not included)
- 6 shelves (5 adjustable)
- Cabinet rests on the floor and must be secured to the wall
- Mirror has polished edges with ANSI 297 safety backing)

2444N	width	depth	height
	20 ¹ / ₂ "	7 ¹ / ₂ "	66"
	52 cm	19 cm	167.64 cm

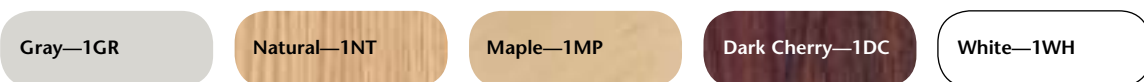


2444N Open

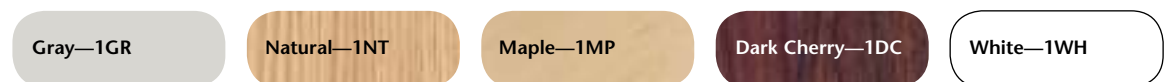


Closed

LAMINATE COLOR CHOICES



LAMINATE COLOR CHOICES



ELEMENT SERIES/
MISC. STRIPS & RACS

Small TowelRac (Covers sold separately.)

- “Sliding hook system” makes lateral positioning easy
- Includes (6) 10" hooks (25.4 cm)

1623	length
	36"
	91.44 cm



1623

Large TowelRac (Covers sold separately.)

- Includes (8) 10" hooks (25.4 cm)

1623A	length
	48"
	121.92 cm

Velcro® Rac

- Refilling is quick and easy
- Open design permits visual inspection of inventory
- Can dispense 3/4"– 2" widths (1.9 cm – 5 cm)
- Laminate surface
- Holds 4 rolls of Velcro® (Not included)

4910	width	depth	height
	11 1/2"	10"	14"
	29.2 cm	25.4 cm	35.56 cm



4910

Roll/Cane/Crutch Rac

(Rolls, canes and crutches not included.)

- Mounts to wall with provided hardware
- Includes seven, 10" hooks (25.4 cm)
- Laminate surface

5516	width	depth	height
	60"	3"	6"
	152.4 cm	7.62 cm	15.24 cm



5516

Replacement Set (4) of Sliding Hooks (10") for Towel and Crutch Racs (25.4 cm)

XP1001

LAMINATE COLOR CHOICES

Gray—1GR

Natural—1NT

Maple—1MP

Dark Cherry—1DC

White—1WH

ELEMENT SERIES/
MISC. STRIPS & RACS

Wall Mount, 8-Hook*, Cuff Weight Strip

- All laminate construction
- Cuff weight “sliding hook system” makes lateral positioning easy
- Holds up to 32 cuff weights (Not included)

* Shown with extra hooks. 8 hooks are provided.

5113D	length
	36"
	91.44 cm



5113D

Wall Mount, 5-Hook, Cuff Weight Strip

- All laminate construction
- Cuff weight “sliding hook system” makes lateral positioning easy
- Holds up to 20 cuff weights (Not included)

5113C	length
	23 1/2"
	59.69 cm



5113C

Replacement Set (4) of 4" Chrome Sliding Hooks for Cuff Weight Racs (10.16 cm)

XP1002

LAMINATE COLOR CHOICES

Gray—1GR

Natural—1NT

Maple—1MP

Dark Cherry—1DC

White—1WH

Double Vertical Band/Tubing Rac

- 6 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only)
- Gray color complements any decor
- Black bumper accent moulding on front edges
- Easy-clean, laminate, heavy-duty construction
- Mounts to wall with pre-drilled mounting holes
- Holds up to 6 rolls of exercise band (not included)

6105D	width	depth	height
	18 ¹ / ₄ "	6 ¹ / ₄ "	23 ¹ / ₂ "
	46.35 cm	15.87 cm	59.69 cm



6105D

Vertical Band/Tubing Rac

- 5 independent, quick-change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only)
- Gray color complements any decor
- Black bumper accent moulding on front edges
- Easy-clean, laminate, heavy-duty construction
- Mounts to wall with pre-drilled mounting holes
- Holds up to 5 rolls of exercise band (Not included)

6103	width	depth	height
	10 ¹ / ₂ "	6 ¹ / ₄ "	36 ¹ / ₄ "
	26.67 cm	15.87 cm	92.07 cm



6103

Combo Mirror/Cuff Weight, Band & Dumbbell Rac

- 6 independent, easy change positions for holding your choice of exercise band (50 yds. (45.72 m), hollow core center only). Other items not included.
- Solid surface, no pegboard to chip
- Cuff weight sliding hook system makes lateral positioning fast and easy
- Protective bumper moulding around base
- 3" swivel casters (7.62 cm)
- Full length glass mirror with polished edges and ANSI 297 safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Holds up to 32 cuff weights, 22 dumbbells and 6 rolls of exercise band (Not included)

7121	width	depth	height
	31"	24"	71"
	78.74 cm	60.96 cm	180.34 cm



7121



Back

Combo Mirror Cuff Weight & Dumbbell Rac

- Sleek designed cuff weight/dumbbell rac and mirror combo provides easy access, and storage.
- Solid surface, no pegboard to chip
- Cuff weight sliding hook system makes lateral positioning fast and easy
- Protective bumper moulding around base
- 3" swivel casters (7.62 cm)
- Full length glass mirror with polished edges and ANSI 297 safety backing
- Strong polycarbonate dumbbell rods are angled for added stability
- Holds up to 48 cuff weights and 22 dumbbells (Not included)

7124	width	depth	height
	31"	24"	71"
	78.74 cm	60.96 cm	180.34 cm



Back



7124

LAMINATE COLOR CHOICES

