

## Common Features

### WEIGHT RACKS – MODELS 5562, 5563:



- Durable Black laminate finish with Oak laminate Door and Drawer fronts.
- Almond coated Pegboard with (11) Safety Hooks for Hugger® Weights.
- Hooks for (20) Dumbbells.
- 3 sets of hooks for optional Weight Bars.
- Built-in dispensers for optional REP Bands™.
- Full view distortion-free glass mirror with ANSI “shatter stop” safety backing.
- 32” x 32” Base Plate has bumper T-molding on all 4 sides.
- 4” dia. twin-wheel, locking casters.

### A. Model 5562 Mega-Rack



#### FEATURES:

- Convenient Drop Lid work counter with lock.
- (3) 8” high laminate Drawers on nylon rollers.
- Built-in dispenser for VELCRO® brand rolls (VELCRO® not included).

MODEL	LENGTH	WIDTH	HEIGHT
5562	32”	32”	72”

### Model 5562-100 Accessorized Rack



MODEL	CONSISTS OF
5562-100	(1) 5562 Mega-Rack, (1) 5581 Set of (16) Hugger® Weights, (1) 5531 Set of (5) REP Bands™, (2) 5505 Sets of (10) Dumbbells ea., (1) 5539 Set of (3) Weight Bars

### B. Model 5563 “Grand Stand” Storage/ Weight Rack

#### FEATURES:

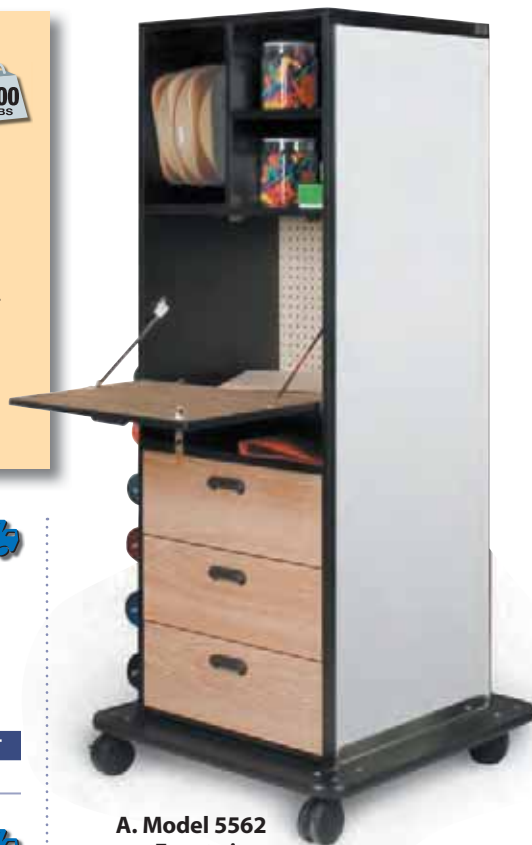
- Full height 15” wide Oak laminate Door with lock and self-closing Euro-hinges.
- Laminate cupboard with (5) adjustable laminate shelves.
- 3” high wire basket at top of rack holds miscellaneous supply items.

MODEL	LENGTH	WIDTH	HEIGHT
5563	32”	32”	72”*

\*75” Including Wire Basket

### Model 5563-100 Accessorized Rack

MODEL	CONSISTS OF
5563-100	(1) 5563 Rack, (1) 5581 Set of (16) Hugger® Weights, (1) 5531 Set of (5) REP Bands™, (2) 5505 Sets of (10) Dumbbells ea., (1) 5539 Set of (3) Weight Bars



A. Model 5562  
Front view



Model 5562  
Reverse view

All weights and dumbbells shown must be ordered as accessories



B. Model 5563  
Front view



Model 5563  
Reverse view