

# *Preemie Hand Splint*

**INSTRUCTIONS FOR USE**

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## **INSTRUCTIONS FOR USE**

1. Select a preemie hand splint (PHS).
2. Very gently place the infants thumb through PHS thumb strap opening until the strap is at base of the thumb (in the web space).
3. Holding one end of PHS wrist cuff in place on the infant's wrist, gently pull and overlap the Velcro hook onto the Velcro loop portion of PHS wrist cuff to secure it in place around the wrist. **NOTE: The PHS wrist cuff must fit around infant's wrist snugly but not so tight as to create a tourniquet effect.**
4. Repeat steps 2 & 3 for the opposite hand.